



St. Hugh's News & Views

September, 2009

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280 E. Wheelwright St., P. O. Box 156
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Peace

Peace be with all who enter here!

Peace be with all!

Peace be with you!

Peace be in your hearts and minds!

This is my prayer for you.

Amen

I do hope and pray that St. Hugh provides an environment that helps each of us find peace - peace with God through worship, study and service; peace in our hearts as we grow in relationship with others; peace in our minds as we reflect on our lives and our relationship with God.

Peace, what is peace and how do we find it?

A recent discussion presented the thought that peace was the absence of fear: fear of financial struggle, fear of health concerns or fear of broken relationships.

Financial peace:

In our consumer society we can easily be trapped by the misconception that "things" bring us peace. But, when do we have enough? It is said that money

does not bring happiness; but it sure helps. That is certainly true because wealth enables us to provide shelter, food and security for our loved ones, but once we have those things, are we then at peace? Maybe; Maybe not.

Wellness peace:

Each of us and each of our loved ones will have times of health issues, big or small. If we let these times distance us from God and others it disables the healing link available through prayer, meditation and reflection. Healing prayers do work! Peace can be a wonderful, healing power when we allow God to be present during our times of deepest need.

Relationship peace:

Tell me a time when each of us didn't have broken relationships in our lives: family members, friends or neighbors. Maybe the relationship with God is the only relationship that is ever present. God never turns away from us.

I believe that it is not how much we have (wealth, health or friends) that matters, but what we do with what we do have. My maternal grandmother lived on limited financial means in an old house in a small town. My mother lived on social security, in an apartment, severely crippled with arthritis. Both of

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these women were the most peace-full persons I have ever known. I continue to learn from their example.

I recently read that the purpose of a church is to bring people closer to God. ***Being close to God***; that is the focus of a peace-full life that I hope we can each nurture and appreciate.

It is this closeness to God that brings peace into my life. I sense this closeness in nature. We recently went on a hike at Staircase in the Olympic National Park. What a beautiful and peace-full place. I sense a closeness to God on Sunday mornings when I sit in the sanctuary before our worship and spend quiet time with God. I sense a closeness to God during our worship when we share scripture, reflections and prayer. I feel an intimate relationship with God during the Eucharist and I feel a closeness to God when I am with my friends at St. Hugh.

I believe that St. Hugh is a special place for me where I find God and can focus on building a closer relationship with Jesus. The central objective of our landscape project is to make the gardens at St. Hugh as peace full as the sanctuary and the people who worship here. I pray that the sign at our entrance has special meaning to you and gives you peace. Amen

Thoughts from Jim Neal

“Listening Hearts, Discerning Call in Community” Study

“Live the questions. Perhaps then, someday far in the future, you will gradually, without noticing it, live your way into the answers.” Rainer Maria Rilke

All are invited to come and be a part of the St Hugh congregation’s journey in spirit and continued growth. Come and join us as we begin a new chapter in our story of Baptismal commitment as a Total Common Ministry. New Circle Formation fall classes begin September 15th, at 1:30 pm in the sanctuary. Our texts will be LISTENING HEARTS, Discerning Call in Community and GROUNDED IN GOD, Listening Hearts Discernment for Group Deliberations.

Both books are very readable, thought provoking and available through the church. The group study will be facilitated by members of St. Hugh’s Leadership Circle As a Total Common Ministry, based on our

Baptismal Covenant, the St Hugh congregation has embarked on and completed two leadership formation processes over the past few years. Each has resulted in the discernment of congregational ministries and the call of a circle of individuals to commission and ordination for these ministries. It has now been six years since we completed the last formation and commissioning process. Many of our members have joined the St Hugh family since then and have not had the opportunity to experience this process, even though many have become deeply involved in a variety of vital ministries. The formation process begins with a study and discernment of the gifts that are necessary for the ministries through which St Hugh serves and is served in this community. It is time to consider how we will incorporate the gifts, skills and energy of these newer folks into formation and the leadership circle; time to begin a third tier of spiritual formation for leadership at St. Hugh. With

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DOLLAR\$&CENTS

		<u>July Ytd Budget</u>	<u>July Ytd Actual</u>	<u>Diff.</u>
Income	Pledge	28,065.33	26,191.00	(1,874.33)
	Plate	9,772.62	10,758.76	986.14
	Palestinian Collection	350.00	484.39	134.39
	Circle of Friends		300.00	300.00
	Flowers	145.83	344.00	198.17
	Hospitality Fund		7.58	7.58
	Lawn Maintenance		600.00	600.00
	Total Income	38,333.78	38,685.73	351.95
Expense	Utilities	2,848.42	3,351.15	502.73
	Property Maintenance	6,673.75	5,058.71	(1,615.04)
	Administrative Expenses	7,217.48	6,373.21	(844.27)
	Mortgage/Assessment/Gifts	13,701.33	13,688.36	(12.97)
	Evangelism - Advertising	789.25	1,208.15	418.90
	Outreach	4,345.83	3,554.04	(791.79)
	Education	1,166.67	571.25	(595.42)
	Hospitality/Fellowship Expense	714.58	757.01	42.43
	Worship Expense	1,128.75	1,143.11	14.36
	Diocesan Meeting/Clergy Mileage	3,202.50	2,500.00	(702.50)
	Total Expense	41,788.56	38,204.99	(3,583.57)

Notes

Utilities: Power continues to be over budget due to heating system problems during 1st Qtr.

Property Maintenance: All categories are under budget. Donations for yard maintenance continue and normal expenses have decreased. Junior Warden says there have been very few building issues this year other than heating which was funded by the Bud Welch fund and private donations.

Administrative: Payroll paid in December rather than January and Office Supplies less than anticipated for 2009 contribute to significant under run.

Advertising and Outreach: Timing of payments versus consistent budget probably contributes to variances.

Clergy/Lay Leadership: Diocesan convention expenses will begin next month.

Let's Play Together



Saturday, Sept. 19th

Bayshore Golf Course - 3PM for a scramble 9 hole tournament. 4 per team. 2 carts per team. BBQ following at the Petty's (off the 2nd tee). Prizes, of course.

\$35 for golf \$40 golf and BBQ \$10 BBQ dinner only

Prices are per person.

Reservations absolutely must be made by Sept. 5th.

Sign up sheet at church. Invite your friends and family. Good golfers absolutely not a necessary requirement. Willing to have fun absolutely is! Golf clubs can easily be borrowed from friends or rented from golf course.

All proceeds to go to St. Hugh ECW outreach programs.

Peace and JOY, *Suzy*



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that in mind we will begin with this in depth study of the discernment process.

Many have heard this term bandied about but are confused or unclear about what we mean by discernment, and how it works. The word "*Discernment comes from the Latin word discernere, which means 'to separate,' 'to distinguish,' 'to determine,' 'to sort out.'*" *In classical spirituality, discernment means identifying what spirit is at work in a situation: the Spirit of God, or some other spirit.*" *It is 'sifting through' our interior and exterior experiences to determine their origin. Discernment helps a person understand the source of a call, to whom it is directed, its content and if the response is appropriate.*" *Listening Hearts, pg 23.* When used in the group decision making process it is a way to insure each member has a voice and the opportunity to express their thoughts, feelings and concerns, allowing Spirit to work through the group in revealing the best possible resolution of an issue or the best answers to questions before the body.

Understanding and becoming skilled in the use of discernment is the first and crucial step to the work of spiritual formation. It is a different way of thinking and decision making with which most of us are familiar. Even those of us who have been through the training and involved in leading discernment will need to refresh our understanding and skill in the process, while others come to understand its value and trust its results. *May the Holy Spirit of Wisdom and Love guide and direct us as we endeavor to do the work God has given us to do in growing the Body of Christ in our lives and in our community. Amen.*

Submitted by, The Rev. Christie Logan

St. Hugh Hosts Total Common Ministry Retreat
Saturday, September 26, 2007
All are Invited

Twice yearly the TCM congregations in our Diocese meet for a retreat to worship, to share what is happening in each congregation, to enjoy a program with a specific topic, and to offer care and support to one another. Our last meeting in the spring was held at St. John's in South Bend and we learned of more ways to take care of our world and its environment.

In September we will host this gathering and our special guest will be Kim Forman, our friend and companion priest who has been hired by the Diocese of Olympia to be the Total Common Ministry Missioner. Kim has been visiting many other churches in our Diocese who are part of TCM or are being led to learning more about TCM and how it works. Sue Tait, the Christian Resource Librarian in our Diocese will join us, and she will share some new information that has come across her desk.

We plan to have about 20-30 persons attending from around the diocese and would like to offer sleeping accommodations Friday night for those who travel a distance, so if you have an extra bed available, please let Wilma or Garby know.

We plan to offer snacks and lunch for Saturday, and will ask for help in that department as the time draws nearer and we know what our numbers might be.

As we look to discern our gifts of ministry and form a new Circle at St. Hugh, we pray that all will be led to learn more about the process in these formational ways. All are invited to attend this day.

Hugs and Prayers, Wilma Neal



Come and Enjoy Our Labyrinth

As you have no doubt noticed, our temporary rope labyrinth is now ready for walking. Here is the place for you to direct the feet, settle the mind and center the soul. We are experimenting with a 7-circuit labyrinth (there are 7 concentric circles from which the paths are formed). After walking and discussing labyrinths from 3 circuits to 11 circuits, we liked the wider paths of the 7-circuit and the more gentle turns. What do you think?

Our next steps are to make a final decision on the labyrinth style and surrounding patio, and to begin fund raising for the approximately \$9,000 we will need to finish the project. This cost includes both the labyrinth and the patio which will surround it. All donors will be recognized on a permanent plaque. If you would like to be part of the labyrinth planning committee, please notify either Jim Neal or Garby Elmore. And if you would like to make a contribution to this project, checks can be made out to St. Hugh, with "Labyrinth" on the comment line. Please enjoy your labyrinth journey, and invite your friends and family to join you. There are some brochures on walking the labyrinth on the table next to the patio area.

Garby Elmore



- FOR YOUR INFORMATION -

Coalition Dinner October 25

We will be serving store bought Lasagna from Costco, Stouffers, or Cash and Carry. The packages should be for 10 servings or more. Keep an eye out for coupons or specials. We will need 9 packages. They need to be hot and delivered to the Theler center on October 25th.

There will be a sign up sheet soon for other ways to help. We plan to serve over 80 persons. A big job for a LITTLE CHURCH but we can do it!

Brenda Baungard will be in charge of the first half of the evening and Barbara Bertsch will be in charge of the last half. Karen Knight who offered to take charge of all this will be in Mexico but leaves it in good hands and many thanks.

Mission Creek Report

A very big Thank You to Karen Knight for her big donation at the patio sale. Thanks to her and to my dear friend Kathy, we made \$211.00. WOW! I bought lots of Beads. The Ladies had so much fun making things for the sale!

We are doing another "KairosOutside" in November, so the ladies are making Tea Cups, they are so cute, Pam's Program is really good for them.

So far, we have from 15 to 25 ladies in our group, and it is growing every week. There are over 180 ladies at Mission Creek now and the new building will be ready sometime in late November or early December for ladies from Pine Lodge.

I have Book Marks, Butterfly Magnets and pocket Crosses available now - DONATIONS only.

Thank You for your support and Prayers.

Blessings, Carol Kennedy



Mallory and Klara Create New Wreath

While visiting Grandma JoAnna and Grandpa Jerry in August, Mallory (10) and Klara (6) Meyer created a new 'Summer Wreath' for our Memorial Garden.

They enjoy working with the flowers, and hope to make it an annual project to place in the garden where their daddy now rests. Thank you, Mallory and Klara.

Lay Weeders Needed

We did a great job this spring as we refreshed our gardens for the Bishop's visit. Unfortunately, summer has encouraged the weeds, as well as the flowers, to grow.

It would be greatly appreciated if you could spend an hour, on your own schedule, pulling weeds and raking the bark in our front garden and the north garden at the end of the church. Consider it an hour of silent meditation with God. Say a short prayer with each weed pulled. The weeds can be thrown over the back bank.

God loves a cheerful weeder. Peace.

Men's Breakfast Thursday Sept. 10, 9:00am, At St. Hugh

To all Men of St. Hugh (and Friends), please join us for a time of fellowship and sharing. I am hopeful that we might begin a regular time together for fellowship, prayer or possibly a Bible Study. Come and share your ideas.

If another day or time would be better for you, let Jim Neal know your preference.

Sign-up list is in the Narthex. *Jim Neal*



Church words

By Suzy Petty

Benediction: A blessing pronounced by a bishop or priest at the conclusion of a worship service. In a general sense, it may refer to any prayer that closes a meeting or gathering.

The Peace: A liturgical exchange of greeting through word and gesture. It is a sign of reconciliation, love, and renewed relationships in the Christian community. It is initiated by the celebrant, who says, "the peace of the Lord be always with you." The people respond, "And also with you." The ministers and people may greet one another in the name of the Lord. Any appropriate words of greeting may be used in the exchange of peace that follows between individuals. The gesture of greeting has been expressed in a variety of ways, including a kiss on the cheek, an embrace, a handclasp, or a bow. The peace is also known as the kiss of peace and the Pax (from the Latin, "peace").

Source: An Episcopal Dictionary of the Church

Don S. Armentrout and Robert Boak Slocum, Editors

Circle of Friends Update

Circle of Friends will reconvene on Tuesday, September 15th, at 10:00, to brainstorm how we want to reconstruct the group. Our thoughts at this point would be to gather as a day of fellowship for any who would like to participate, for games, sharing, lunch and maybe some special projects. We will talk about the number of times a month we'd

like to meet, how we want to handle lunch, and how we will share responsibility for facilitation and organization. Anyone who is interested in being a part of this planning and discussion is welcome to attend. Bring a bag lunch and we'll go from there. Any questions? Give Christie a call. I will be gone September 6th through 12th. Looking forward to meeting with you all again.



Christie, Garby, & The Very Rev. Victor Atta-Baffoe, Canon for Education and Dean of St Nicholas Seminary in the Diocese of Cape Coast, Ghana.

Bishop Rickle invited Victor to visit the Diocese of Olympia following the General Convention in July. St Mark's in Montesano hosted an evening of sharing and conversation where Victor and 12 of us from St Marks and St Hugh, shared a light supper and exchanged questions and answers about our work and our churches. Bishop Baffoe shared about his work in the seminary in Africa where he has been actively involved in getting women into the seminary and ordained. It was very interesting to hear about his work, about the culture and faith of the Anglican people in Ghana, and

his perspective as a participant in the conversations around Windsor Report of the Anglican Communion. He was very interested in Total Common Ministry and how the model is working in our congregations. We discovered that even though our cultures are quite different and their churches are much more "high church" than this diocese, our congregations aren't all that different from those in Africa. It was interesting to hear about the openness and progressive thinking of our Anglican brothers and sisters in Ghana. We found Victor to be very warm, wise and forward thinking and thoroughly enjoyed our evening with him. It is our intention to maintain the connection that has been made. We're also very grateful to St. Mark's for offering us this opportunity to share with this brother from another culture and place in the world, who reminded us that we truly are all one in the body of Christ. He left us with this thought, "I am – we are - for me to be me we must be one." Amen.

**Project Healing Waters:
A program that heals in many ways.**

By *Dick Stearns*

Here at St Hugh, we are reminded each week during the prayers of the people, of those in the military service who are in harm's way. So far, none on our prayer list have become casualties, but what we don't know are the effects of just being in harm's way: of being shot at, or being 'blown up', a term our modern GIs use to describe being even remotely close to an exploding IED.

Spc. Bret DiFrancesco of the Warrior Transition Brigade (WTB) at Fort Lewis stated his thoughts on this: "When you get shot at, you get mad," he said. "When you get blown up, it's a surprise." But the surprise part is what seems to make coping a difficult thing, and the suicide prevention posters in the day room of the WTB barracks are there for obvious reasons. Post Traumatic Stress Disorder (PTSD) is real, and needs to be addressed.

Enter a program first introduced at Walter Reed VA Hospital in 2007 called Project Healing Waters Fly

Fishing, Inc. Dedicated to the physical and emotional rehabilitation of disabled active duty military personnel and veterans through fly fishing education and outings; it has spread throughout the US, and has been readily adopted as worthy projects for fly fishing organizations.

Several such organizations in the Puget Sound Area have donated materials, equipment, and time to make this program an effective way to get these heroes out of their funk and onto local lakes and streams to fly fish. For many, it starts with learning to tie a fly, to cast it, and then to hook and land, in many cases, their very first fish.

And when I said in the title to this piece that this program heals in many ways, the instructors, many of which are combat veterans themselves, have been known to show a few tears when their student lands that first fish.

Dick has been devoted to this wonderful program helping vets and soldiers for over 2 years at Fort Lewis – is also now involved in helping in a similar program at the Veterans Hospital in Seattle. His admirable outreach is appreciated by us all. Good work, Dick.

From Ashes to Resurrection

And, a joyful time was had by all! On Sunday Aug. 9th, following the worship service at St. Hugh, about 65 friends flocked to the new home of Sylvia Haase and Gina Liebergesell in Vaughn, appropriately named "WUNSCHTRAUM", which means Wish-Dream in German.

Having lost their original waterfront home in a devastating fire almost 2 years ago, September 27, 2007, and going through the anxiety and depression of dealing with their great loss as well as with insurance complexities - Sylvia and Gina were eventually able to boldly undertake a rebuilding effort, which took well over a year to accomplish.

With thanks to our Mighty Creator and for the love and support of their friends... they planned a celebration. The day began as overcast, but midway through the church service, the sun broke out and instantly lighted the faces of Sylvia and Gina, a sign of the PERFECT PARTY DAY ahead! Their house and decks in Vaughn were soon filled with guests, enjoying the catered food and beverages - both generous in amounts and delicious! - while touring the lovely home and noting the similarities as well as the changes from the original house. Chester, Gina's devoted canine, strolled through the house politely with

everyone during the House Blessing, which was officiated by the Rev. Robin Moore - lead by Ian Lindhartsen, who carried the church Crucifix. What a privilege to witness this ceremony!

Among the many guests this day were friends from New Zealand - Lori and Richard Brudvik Linden with their daughter, Larkspur. Good wishes flowed from near and far...

Shortly after the Blessing, a delicious dinner was served on the deck, followed by a piano concert in the living room, where extra chairs had been set up. The purpose of this hour-long interlude was to allow the St. Hugh members the opportunity to hear the beauty of the music coming from the new baby grand piano that will one day be at the church. The pianist, Ryan Sowers, gave a stunning performance of classical and semi-classic scores keynoted with laughter and delightful comments! We then enjoyed dessert and the happy fellowship left for home. What a perfect day! Our very dear friends had been truly resurrected from their firey worst days and are now living in the immeasurable joy of the present. Praise be to God! by *JoAnna Meyer*

Please see pictures on next page!



Pictures courtesy of
Kathy Bauer, via Picasa



Ardele, Arlene & Doug Pritchard, Bill BcCoy, Berit Riddle, Bill Green, Bob & Kathy Potter, Brenda & Perry Baunsgard, David, Denise Cieply, Dede Moore, Deon Rossi, Don & Ginny Green, Don

Beeber, Gretchen, Gwen Alverts, Jamie, Jacob & Family, Jennifer Sayers, Joseph, Judy Miller, LeighAnn Gasper, Loren, Lucille, Mandy, Margaret Barnard, Margaret Kraus, Marion, Mary Forman, Matthew Thornhill, Mo, Morris Hobart, Patricia, Bishop Robert Cochran, Rupe & Fran Bledsoe, Scott, Sheri Lamar, Stephanie Ochoa

those who have died

Phyllis Rose, Floyd Mathis

Those who sacrificed their lives in service to their country

those who mourn

Maudie Mathis & Family

Families of Servicemen & Women

those in service to our Country

Chris, Gary, Ian Larson, Jed, Nick, Richard, Tony Johnson, Zach Riddle

September Lectionary Readings

September 6, 14th Sunday after Pentecost: Proverbs 22:1-2, 8-9, 22-23, Psalm 125, James 2:1-10 [11-13] 14-17, Mark 7:24-37

September 13, 15 Sunday after Pentecost: Proverbs 1:20-33, Psalm 10, James 3:1-12, Mark 8:27-38

September 20, 16th Sunday after Pentecost: Proverbs 31:10-31, Psalm 1, James 3:13-4:3, 7-8a, Mark 9:30-37

September 27, 17th Sunday after Pentecost: Esther 7:1-6, 9-10; 9:20-22, Psalm 124, James 5:13-20, Mark 9:38-50



...to the Suzy, Gina & Syl, Karen & Carol, Garby, Karen Knight & Brenda for hosting fellowship last month.

...to the JoAnna & Jerry, Jinx Cromwell, Mike & Suzy, Karen Kennedy & Linda Niles, for Altar flowers last month.



Sally McDonnell	9-4
Jerry Ecklund	9-7
Cindy Swanson	9-22
Gwen Runyan	9-26
John Lokosh	9-29
Susan Kipp	9-29

Please let us know of any birthdays we missed or listed incorrectly. Thank you!



September

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Centering Prayer 4-5	2 Alzheimer's Support Group 10:00	3 	4	5
6	7  LABOR DAY	8 Centering Prayer 4-5	9	10  MEN'S BREAKFAST 	11  PATRIOT DAY	12
13  Grandparents Day	14 ECW @ the church	15 Circle of Friends 10:00 Circle Formation 1:30 Centering Prayer 4-5	16	17  NewsLetter DEADLINE	18	19  Golf Tournament
20	21	22 Centering Prayer 4-5  <i>Autumn</i>	23	24 	25	26  TCM Retreat
27	28	29 Centering Prayer 4-5	30			

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website:
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Sunday Worship 10:00 am

office hours
 Wednesday's & Thursday's
 10:00 am - 2:00 pm

September Schedule

	Presider	Preacher	Deacon	Eucharistic Ministers	Altar Guild	Flowers	Coffee Hour	Lectors
September 6	Kim F.	Kim F.	Vicki	Hazel John C.	Helen Barbara	Donna F.	Ginny W. & Lu G	Sunny C. Virginia T.
September 13	Jim	Dick	Vicki	John L. Heidi	Ginny G. Cheryl	Heidi	Garby	Ginny W. Barbara B.
September 20	Jennifer	Garby	Vicki	Vicki Barry	Ginny W. Hazel	Suzy	Virginia P. & Wilma	Ian L. Cheryl B-W
September 27	Christie	Jim	Sylvia	Brenda Karen	Brooke Donna	Barry & Vicki	Virginia T. & Carol	Brenda Garby